Summer is a great time to get out and visit a green space. The warm sun helps the flowers open and lots of insects buzz around looking for pollen and nectar. Long grass waves in the breeze and shadows of trees dance across the grass. If you look closely you can find green blackberries waiting to ripen and be collected in the autumn.

What are you wearing?

Ash is wearing suncream... a sunhat...

...and sunglasses

Look out for...

rosebay willowherb

grasses

thistle
Make a shadow butterfly with your hands and see if your shadow butterfly can find a real flower full of pollen and nectar.

Make a twig paintbrush and paint a muddy picture

Sing the summer song

Lazy, hazy summer days
Summer days, summer days
Lazy, hazy summer days
Hear the insects buzzing.

Pretty flowers sweetly smell
Sweetly smell, sweetly smell
Pretty flowers sweetly smell
Here come all the insects.

Seed heads waving in the sun
In the sun, in the sun
Seed heads waving in the sun
And being blown around.